



# Annopol 26.05.2019

## Z biegiem Wisły - V Festiwal biegowy Annopol 2019

### Wyniki Open 10km

| Miejsce | Nr  | Nazwisko / Imię             | Miejscowość             | Klub/Drużyna                   | Kategoria                        | Okr. 1           | Okr. 2           | Czas sum. | Vśr  | Różnica  | Punkty            |
|---------|-----|-----------------------------|-------------------------|--------------------------------|----------------------------------|------------------|------------------|-----------|------|----------|-------------------|
| 1       | 62  | RACZYŃSKI Paweł             | ANNOPOL                 | Spontaniczni                   | 10km M<br>20-29 -<br><b>Open</b> | 00:18:49<br>/ 1  | 00:18:28<br>/ 1  | 00:37:17  | 32.2 | 00:00:00 | 37.28333333333333 |
| 2       | 109 | HASIAK Maciej               | Hucisko                 | Stalowowolski Klub Biegacza    | 10km M<br>30-39 -<br><b>Open</b> | 00:19:28<br>/ 3  | 00:18:26<br>/ 2  | 00:37:54  | 31.6 | 00:00:37 | 37.9              |
| 3       | 104 | ZIOŁO Mirosław              | Kraśnik                 | Kraśnik biega                  | 10km M<br>40-49 -<br><b>Open</b> | 00:19:17<br>/ 2  | 00:19:46<br>/ 3  | 00:39:03  | 30.7 | 00:01:46 | 39.05             |
| 4       | 88  | ŁOJEK Norbert               | Ostrowiec Świętokrzyski | brak                           | 10km M<br>30-39 - <b>1</b>       | 00:20:18<br>/ 5  | 00:20:43<br>/ 4  | 00:41:01  | 29.2 | 00:03:44 | 41.01666666666667 |
| 5       | 111 | HOMZIAKOV Yevhenii          | Krzywy Róg              | brak                           | 10km M<br>20-29 - <b>1</b>       | 00:20:16<br>/ 4  | 00:20:53<br>/ 5  | 00:41:09  | 29.2 | 00:03:52 | 41.15             |
| 6       | 39  | MATACZ Piotr                | Kraśnik                 | Triathlon Kraśnik Team         | 10km M<br>30-39 - <b>2</b>       | 00:20:43<br>/ 7  | 00:20:31<br>/ 6  | 00:41:15  | 29.1 | 00:03:57 | 41.25             |
| 7       | 128 | SĄDEL Wiesław               | tarnobrzeg              | witar tarnobrzeg               | 10km M<br>40-49 - <b>1</b>       | 00:20:32<br>/ 6  | 00:21:43<br>/ 7  | 00:42:15  | 28.4 | 00:04:57 | 42.25             |
| 8 / 1   | 86  | <b>LANGE Beata Agata</b>    | Biłgoraj                | Spontaniczni                   | 10km K<br>40-49 -<br><b>Open</b> | 00:21:15<br>/ 9  | 00:21:47<br>/ 8  | 00:43:02  | 27.9 | 00:05:44 | 43.03333333333333 |
| 9       | 81  | PĘDRAK Tomasz               | Kraśnik                 | Kraśnik biega                  | 10km M<br>30-39 - <b>3</b>       | 00:21:01<br>/ 8  | 00:22:22<br>/ 9  | 00:43:23  | 27.7 | 00:06:06 | 43.38333333333333 |
| 10      | 110 | SOBCZYK Piotr               | Kielce                  | brak                           | 10km M<br>40-49 - <b>2</b>       | 00:22:33<br>/ 12 | 00:22:15<br>/ 10 | 00:44:48  | 26.8 | 00:07:31 | 44.8              |
| 11      | 57  | RUTYNA Paweł                | Wydrza                  | brak                           | 10km M<br>40-49 - <b>3</b>       | 00:21:46<br>/ 10 | 00:23:11<br>/ 11 | 00:44:57  | 26.7 | 00:07:40 | 44.95             |
| 12 / 2  | 65  | <b>SIEMBIDA. Małgorzata</b> | Ulanów                  | Stalowowolski Klub Biegacza    | 10km K<br>40-49 -<br><b>Open</b> | 00:22:11<br>/ 11 | 00:22:51<br>/ 12 | 00:45:02  | 26.6 | 00:07:45 | 45.03333333333333 |
| 13      | 94  | MALINOWSKI Tomasz           | Kraśnik                 | brak                           | 10km M<br>30-39 - <b>4</b>       | 00:22:49<br>/ 14 | 00:22:33<br>/ 13 | 00:45:22  | 26.4 | 00:08:05 | 45.36666666666667 |
| 14      | 82  | PIETROŃ Piotr               | Kraśnik                 | Kraśnik biega                  | 10km M<br>50-59 - <b>1</b>       | 00:23:08<br>/ 17 | 00:23:27<br>/ 14 | 00:46:36  | 25.7 | 00:09:19 | 46.6              |
| 15 / 3  | 7   | <b>SKRZYPCZAK Barbara</b>   | Stalowa Wola            | Stalowowolski Klub Biegacza    | 10km K<br>30-39 -<br><b>Open</b> | 00:22:53<br>/ 15 | 00:24:25<br>/ 15 | 00:47:19  | 25.4 | 00:10:01 | 47.31666666666667 |
| 16      | 67  | ŚWIERCZ Jacek               | Janik                   | Ostobiec                       | 10km M<br>40-49 - <b>4</b>       | 00:23:20<br>/ 18 | 00:24:06<br>/ 16 | 00:47:27  | 25.3 | 00:10:10 | 47.45             |
| 17      | 87  | KRAWCZAK Jan Marian         | Stalowa Wola            | Stalowowolski Klub Biegacza    | 10km M<br>60+ - <b>1</b>         | 00:23:50<br>/ 27 | 00:23:57<br>/ 17 | 00:47:48  | 25.1 | 00:10:31 | 47.8              |
| 18      | 101 | SZUBARTOWSKI Paweł          | Bełżyce                 | Bełżyce i okolice biegają      | 10km M<br>20-29 - <b>2</b>       | 00:22:46<br>/ 13 | 00:25:05<br>/ 18 | 00:47:51  | 25.1 | 00:10:34 | 47.85             |
| 19      | 42  | SALA Kamil Adam             | Dęblin                  | Biegam bo mnie ludzkość wqrwia | 10km M<br>30-39 - <b>5</b>       | 00:23:48<br>/ 26 | 00:24:10<br>/ 19 | 00:47:58  | 25   | 00:10:41 | 47.96666666666667 |
| 20      | 84  | SZKODA. Robert              | Biłgoraj                | Spontaniczni                   | 10km M<br>30-39 - <b>6</b>       | 00:23:20<br>/ 19 | 00:24:50<br>/ 20 | 00:48:11  | 24.9 | 00:10:53 | 48.18333333333333 |
| 21      | 19  | SZABAT. Wiesław             | Annopol                 | Spontaniczni                   | 10km M<br>50-59 - <b>2</b>       | 00:23:08<br>/ 16 | 00:25:16<br>/ 21 | 00:48:24  | 24.8 | 00:11:07 | 48.4              |

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|---------|-----|---------------------------------|------------------|-----------------------------|----------------------|---------------|---------------|-----------|------|----------|------------------|
| 22      | 5   | GRĄDEK Dariusz                  | Kraśnik          | Triathlon Kraśnik Team      | 10km M<br>50-59 - 3  | 00:23:46 / 25 | 00:25:17 / 22 | 00:49:03  | 24.5 | 00:11:45 | 49.05            |
| 23      | 3   | GĄTARZ Janusz                   | Warszawa         | J&J                         | 10km M<br>30-39 - 7  | 00:23:31 / 20 | 00:25:36 / 23 | 00:49:07  | 24.4 | 00:11:49 | 49.1166666666667 |
| 24      | 35  | KRAWCZYŃSKI Janusz              | Gromadzice       | Ostobiec                    | 10km M<br>50-59 - 4  | 00:23:36 / 22 | 00:25:39 / 24 | 00:49:15  | 24.4 | 00:11:57 | 49.25            |
| 25      | 76  | BALAWENDER Paweł                | Kraśnik          | Kraśnik biega               | 10km M<br>40-49 - 5  | 00:24:10 / 28 | 00:25:05 / 25 | 00:49:16  | 24.4 | 00:11:58 | 49.2666666666667 |
| 26      | 130 | KRÓL Eugeniusz                  |                  | brak                        | 10km M<br>60+ - 2    | 00:25:23 / 32 | 00:23:57 / 26 | 00:49:21  | 24.3 | 00:12:04 | 49.35            |
| 27      | 74  | SZYŃKOWSKI Adam                 | Nowy Rachów      | brak                        | 10km M<br>50-59 - 5  | 00:23:32 / 21 | 00:26:09 / 27 | 00:49:42  | 24.1 | 00:12:25 | 49.7             |
| 28      | 28  | SZMYRGAŁA Konrad                | Kraśnik          | Kraśnik biega               | 10km M<br>40-49 - 6  | 00:23:42 / 24 | 00:26:06 / 28 | 00:49:48  | 24.1 | 00:12:31 | 49.8             |
| 29      | 36  | KARWAN Zbigniew                 | Lublin           | brak                        | 10km M<br>50-59 - 6  | 00:24:19 / 30 | 00:25:42 / 29 | 00:50:02  | 24   | 00:12:44 | 50.0333333333333 |
| 30      | 41  | RUTKOWSKI Zygmunt               | Nowa Dęba        | ZMITEK TEAM NOWA DĘBA       | 10km M<br>60+ - 3    | 00:24:50 / 31 | 00:25:13 / 30 | 00:50:04  | 24   | 00:12:46 | 50.0666666666667 |
| 31      | 127 | SZEWA Andrzej                   | Kraśnik          | brak                        | 10km M<br>40-49 - 7  | 00:24:16 / 29 | 00:26:40 / 31 | 00:50:56  | 23.6 | 00:13:39 | 50.9333333333333 |
| 32      | 119 | PIOTROWSKI Rafał                | Szczytniki       | brak                        | 10km M<br>40-49 - 8  | 00:23:36 / 23 | 00:27:23 / 32 | 00:51:00  | 23.5 | 00:13:43 | 51               |
| 33 / 4  | 40  | <b>KRÓLIKOWSKA Agata</b>        | Lublin           | Lublin Biega                | 10km K<br>30-39 - 1  | 00:26:10 / 37 | 00:26:15 / 33 | 00:52:26  | 22.9 | 00:15:08 | 52.4333333333333 |
| 34      | 118 | JANOSZ Piotr                    | Kraśnik          | brak                        | 10km M<br>20-29 - 3  | 00:27:06 / 42 | 00:25:48 / 34 | 00:52:54  | 22.7 | 00:15:37 | 52.9             |
| 35      | 133 | WRZESIEN Jerzy                  | Sandomierz       | Tak Lubię Sandomierz        | 10km M<br>50-59 - 7  | 00:25:35 / 34 | 00:27:25 / 35 | 00:53:01  | 22.6 | 00:15:44 | 53.0166666666667 |
| 36      | 120 | ROGAŁA Adam                     | Stalowa Wola     | brak                        | 10km M<br>50-59 - 8  | 00:26:14 / 38 | 00:27:18 / 36 | 00:53:33  | 22.4 | 00:16:15 | 53.55            |
| 37      | 124 | BISKUP Paweł                    | Kraśnik          | brak                        | 10km M<br>40-49 - 9  | 00:25:32 / 33 | 00:28:14 / 37 | 00:53:46  | 22.3 | 00:16:28 | 53.7666666666667 |
| 38 / 5  | 72  | <a href="#">KĄDZIELA Sandra</a> | Grabówka Ukazowa | brak                        | 10km K<br>30-39 - 2  | 00:26:38 / 41 | 00:27:15 / 38 | 00:53:53  | 22.3 | 00:16:36 | 53.8833333333333 |
| 39      | 132 | ORZECZOWSKI Marek               | Sandomierz       | Tak Lubię Sandomierz        | 10km M<br>50-59 - 9  | 00:26:23 / 39 | 00:27:41 / 39 | 00:54:05  | 22.2 | 00:16:47 | 54.0833333333333 |
| 40      | 26  | STOŁA Piotr                     | KRAŚNIK          | brak                        | 10km M<br>50-59 - 10 | 00:26:37 / 40 | 00:27:40 / 40 | 00:54:17  | 22.1 | 00:17:00 | 54.2833333333333 |
| 41      | 50  | PLECHA Tomasz                   | Kraśnik          | KPP Kraśnik                 | 10km M<br>40-49 - 10 | 00:25:56 / 36 | 00:28:22 / 41 | 00:54:19  | 22.1 | 00:17:02 | 54.3166666666667 |
| 42      | 61  | FELEDYN Michał                  | Kraśnik          | Erkado RT Kraśnik           | 10km M<br>20-29 - 4  | 00:27:06 / 43 | 00:28:06 / 42 | 00:55:12  | 21.7 | 00:17:55 | 55.2             |
| 43 / 6  | 25  | <b>STOŁA Dorota</b>             | KRAŚNIK          | brak                        | 10km K<br>40-49 - 1  | 00:27:28 / 44 | 00:27:49 / 43 | 00:55:18  | 21.7 | 00:18:00 | 55.3             |
| 44      | 134 | PODSIADŁO Marek                 | Zajeziórze       | Sandomierz                  | 10km M<br>40-49 - 11 | 00:25:54 / 35 | 00:30:02 / 44 | 00:55:56  | 21.5 | 00:18:39 | 55.9333333333333 |
| 45 / 7  | 27  | <b>KANIA Monika</b>             | Dęblin           | brak                        | 10km K<br>30-39 - 3  | 00:28:45 / 47 | 00:30:27 / 45 | 00:59:13  | 20.3 | 00:21:55 | 59.2166666666667 |
| 46      | 32  | SOKÓŁ Roman                     | SKORCZYCE        | Kraśnik biega               | 10km M<br>40-49 - 12 | 00:27:56 / 46 | 00:31:29 / 46 | 00:59:26  | 20.2 | 00:22:08 | 59.4333333333333 |
| 47 / 8  | 51  | <b>PLECHA Agnieszka</b>         | Kraśnik          | sam sam                     | 10km K<br>40-49 - 2  | 00:29:02 / 49 | 00:30:29 / 47 | 00:59:31  | 20.2 | 00:22:13 | 59.5166666666667 |
| 48 / 9  | 8   | <b>KALINOWSKA Agnieszka</b>     | Kraśnik          | Kraśnik biega               | 10km K<br>30-39 - 4  | 00:28:55 / 48 | 00:31:06 / 48 | 01:00:02  | 20   | 00:22:44 | 60.0333333333333 |
| 49      | 2   | CIECHANOWICZ Paweł              | Puławy           | Multimedia Runners Puławy   | 10km M<br>40-49 - 13 | 00:30:07 / 53 | 00:31:12 / 49 | 01:01:20  | 19.6 | 00:24:02 | 61.3333333333333 |
| 50 / 10 | 125 | <b>JABŁOŃSKA Monika</b>         | Kraśnik          | Kraśnik biega               | 10km K<br>30-39 - 5  | 00:29:03 / 50 | 00:32:58 / 50 | 01:02:02  | 19.3 | 00:24:44 | 62.0333333333333 |
| 51      | 96  | JABŁOŃSKI Tomek                 | Kraśnik          | Kraśnik biega               | 10km M<br>60+ - 4    | 00:30:00 / 52 | 00:32:02 / 51 | 01:02:02  | 19.3 | 00:24:44 | 62.0333333333333 |
| 52      | 70  | MŁYNARSKI. Stanisław            | Zarzecze         | Stalowowolski Klub Biegacza | 10km M<br>60+ - 5    | 00:27:37 / 45 | 00:34:36 / 52 | 01:02:13  | 19.3 | 00:24:56 | 62.2166666666667 |
| 53      | 85  | MAZUREK Mirosław                | Kraśnik          | brak                        | 10km M<br>40-49 - 14 | 00:29:44 / 51 | 00:34:24 / 53 | 01:04:09  | 18.7 | 00:26:52 | 64.15            |

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|---------|-----|---------------------------|-------------|--------------|-----------|----------|--------|-----------|--------------|---------|-----------------|
| 54 / 11 | 126 | PIETRASZEK-BĄKA<br>Dorota | Kraśnik     | brak         | 10km K    | 00:31:43 |        | 00:31:43  | 18.9 -1 okr. |         | 31.716666666667 |
|         |     |                           |             |              | 30-39 - 6 |          | / 54   |           |              |         |                 |

|               |    |                                                                                    |
|---------------|----|------------------------------------------------------------------------------------|
| Ukończyło:    | 54 | Przygotowanie i pomiar czasu ProTimer<br>(www.ProTimer.pl), wydrukowano 2024-05-08 |
| Wystartowało: | 54 |                                                                                    |
| Zapisało się: | 56 |                                                                                    |