



Łódź, Manufaktura 2017-01-06

Bieg Trzech Króli

Wyniki M 40-49 lat

| Miejsce | Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Czas sum. | Czas netto | Vśr | Różnica |
|---------|------|------------------------|----------------------|---------------------------------------|-----------|------------|------|----------|
| 1 | 634 | KOŚCIELSKI Patryk | Legionowo | Ministerstwo Głupich Kroków Legionowo | 00:18:33 | 00:18:33 | 16.2 | 00:00:00 |
| 2 | 711 | KOŁODZIEJCZYK Jarosław | Częstochowa | Zabiegani Częstochowa | 00:18:41 | 00:18:36 | 16 | 00:00:07 |
| 3 | 706 | KUDRA Dariusz | Dłutów | brak | 00:18:43 | 00:18:40 | 16 | 00:00:09 |
| 4 | 779 | MĘDELEWSKI Piotr | Bedno | ROZBIEGANI-ŻYCHLIN | 00:18:44 | 00:18:38 | 16 | 00:00:10 |
| 5 | 840 | PIETRZAK Daniel | Łódź | RAJSPORT ACTIVE | 00:18:58 | 00:18:51 | 15.8 | 00:00:24 |
| 6 | 603 | SZEWCZYK Jarosław | Nowy Bedoń | brak | 00:19:12 | 00:19:09 | 15.6 | 00:00:38 |
| 7 | 642 | YANKOVSKIY Dmitriy | Kaliningrad | brak | 00:19:14 | 00:19:10 | 15.6 | 00:00:40 |
| 8 | 831 | KRZYSZTOFIK Kacper | Piotrków Trybunalski | Tri Aktywny Piotrków | --- | --- | 14.8 | 23:41:27 |
| 9 | 773 | JAROS Adam | Łódź | Dragosfera | --- | --- | 11.6 | 23:41:27 |
| 10 | 760 | PROMIŃSKI Roman | Pabianice | Harman Running Team | --- | --- | 12 | 23:41:27 |
| 11 | 744 | MIELCZAREK Krzysztof | Warszawa | ROZBIEGANI-ŻYCHLIN | 00:19:31 | 00:19:31 | 15.3 | 00:00:57 |
| 12 | 645 | SZMERKA Mariusz | Łódź | Orange Polska | 00:19:32 | 00:19:32 | 15.2 | 00:00:58 |
| 13 | 659 | DURYS Jarosław | ŻYCHLIN | ROZBIEGANI-ŻYCHLIN | 00:19:45 | 00:19:45 | 15.1 | 00:01:11 |
| 14 | 746 | RUTA Maciej | Łódź | BK Arturówek Łódź/ASAP | 00:20:07 | 00:20:07 | 14.8 | 00:01:33 |
| 15 | 733 | WOJCIECHOWSKI Tomasz | Łódź | atmosfera fitness & wellness | 00:20:28 | 00:20:28 | 14.4 | 00:01:54 |
| 16 | 863 | KRAWCZYK Andrzej | Sieradz | AN ZU GA Sieradz | 00:20:28 | 00:20:28 | 14.6 | 00:01:54 |
| 17 | 1622 | KSIĘŻAK Bartosz | Łódź | brak | 00:20:35 | 00:20:35 | 14.5 | 00:02:01 |
| 18 | 1447 | TOMASZ Kolos | Łowicz | brak | 00:20:37 | 00:20:37 | 14.1 | 00:02:03 |
| 19 | 713 | SZATANIAK Jarek | Łódź | brak | 00:20:41 | 00:20:41 | 14.3 | 00:02:07 |
| 20 | 823 | WOJDA Zbigniew | ŁOWICZ | Starzyńskiego Biega Łowicz | 00:20:42 | 00:20:42 | 14 | 00:02:08 |
| 21 | 740 | KRÓL Jacek | ŁÓDZ | BAX-TIME | 00:20:58 | 00:20:58 | 14.3 | 00:02:24 |
| 22 | 834 | SZTENDEREWICZ Rafał | WŁOCŁAWEK. | brak | 00:21:00 | 00:21:00 | 14 | 00:02:26 |
| 23 | 754 | AUGUSTYNOWICZ Piotr | Ciechocinek | brak | 00:21:05 | 00:21:05 | 14.1 | 00:02:31 |

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|---------|------|----------------------|--------------------|--------------------------------------|-----------|------------|------|----------|
| 24 | 868 | OLEJNICZAK Krzysztof | Łódź | PGE Obrót Run | 00:21:26 | 00:21:26 | 13.9 | 00:02:52 |
| 25 | 667 | KUNKA Andrzej | Koluszki | Pietrzyk Running Team | 00:21:31 | 00:21:31 | 13.9 | 00:02:57 |
| 26 | 780 | KUBICKI Grzegorz | Aleksandrów Łódzki | Łódź Running Team | 00:21:38 | 00:21:38 | 13.8 | 00:03:04 |
| 27 | 610 | ZALASA Wojciech | Łódź | Łódź Kocha Sport | 00:21:40 | 00:21:40 | 13.7 | 00:03:06 |
| 28 | 637 | DERCZYŃSKI Marcin | Łódź | brak | 00:21:41 | 00:21:41 | 13.4 | 00:03:07 |
| 29 | 856 | CHYBOWSKI Jarek | Łódź | Retkinia Run | 00:21:42 | 00:21:42 | 13.5 | 00:03:09 |
| 30 | 777 | KOPROWSKI Łukasz | Łódź | PwC Running Team | 00:21:46 | 00:21:46 | 13.8 | 00:03:12 |
| 31 | 787 | BUDNER Robert | Łódź | EVERRUN | 00:22:09 | 00:22:09 | 13.3 | 00:03:35 |
| 32 | 663 | ŁUKOMSKI Maciej | Łódź | brak | 00:22:10 | 00:22:10 | 13.4 | 00:03:36 |
| 33 | 806 | MARCINKOWSKI Paweł | Grębocin | brak | 00:22:14 | 00:22:14 | 12.5 | 00:03:40 |
| 34 | 859 | MACIASZCZYK Paweł | Łódź | brak | 00:22:15 | 00:22:15 | 13.3 | 00:03:41 |
| 35 | 631 | MAKOWSKI Arek | Łódź | brak | 00:22:21 | 00:22:21 | 13.1 | 00:03:47 |
| 36 | 607 | OSTROWICZ Tomasz | Łódź | brak | 00:22:21 | 00:22:21 | 13.3 | 00:03:47 |
| 37 | 658 | BIENIAS Jacek | Poddębice | Poddębicki Klub Biegacza Zdyszani.pl | 00:22:21 | 00:22:21 | 13.3 | 00:03:47 |
| 38 | 813 | CZARNECKI Grzegorz | Łódź | brak | 00:22:23 | 00:22:23 | 13.4 | 00:03:49 |
| 39 | 619 | WIERZCHOŃ Michał | Łódź | Super TEAM | 00:22:25 | 00:22:25 | 13 | 00:03:51 |
| 40 | 783 | WEJDMAN Dariusz | Łódź | EVERRUN | 00:22:25 | 00:22:25 | 13.2 | 00:03:51 |
| 41 | 835 | BIELKOWSKI Wojciech | Płock | BSP TEAM | 00:22:30 | 00:22:30 | 12.7 | 00:03:56 |
| 42 | 708 | STAWIŃSKI Michał | Piątek | ZSMR Piątek | 00:22:32 | 00:22:32 | 12.6 | 00:03:58 |
| 43 | 653 | ŚWIĄTCZAK Adam | Łódź | brak | 00:22:39 | 00:22:39 | 13.1 | 00:04:05 |
| 44 | 827 | FELCZEREK Dariusz | Pabianice | brak | 00:22:41 | 00:22:41 | 13 | 00:04:07 |
| 45 | 1616 | GARNYS Radek | Łódź | Vera Running Team | 00:22:43 | 00:22:43 | 12.8 | 00:04:09 |
| 46 | 702 | WELM Grzegorz | Częstochowa | Zabiegani Częstochowa | 00:22:44 | 00:22:44 | 13 | 00:04:10 |
| 47 | 776 | WYŻYKOWSKI Krzysztof | Łódź | Narodowy Bank Polski | 00:22:45 | 00:22:45 | 12.9 | 00:04:11 |
| 48 | 672 | PIECYK Jacek | Szadek | SZADKOBIEGACZE | 00:22:45 | 00:22:45 | 12.9 | 00:04:11 |
| 49 | 673 | SZYMCZAK Maciej | Szadek | SZADKOBIEGACZE | 00:22:47 | 00:22:47 | 12.9 | 00:04:13 |
| 50 | 755 | BAGRODZKI Andrzej | Zgierz | Narodowy Bank Polski | 00:22:50 | 00:22:50 | 12.9 | 00:04:16 |
| 51 | 677 | SZAFLIK Mariusz | Łask | RAJSPORT ACTIVE | 00:22:51 | 00:22:51 | 13 | 00:04:17 |
| 52 | 692 | GRABOWSKI Sebastian | Łódź | Sklep biegacza Łódź | 00:22:54 | 00:22:54 | 13 | 00:04:20 |
| 53 | 657 | LESIEWICZ Jarosław | Łódź | Orange Polska | 00:22:59 | 00:22:59 | 12.6 | 00:04:25 |
| 54 | 726 | HERKT Grzegorz | Łódź | KOTAR TEAM | 00:23:00 | 00:23:00 | 12.6 | 00:04:26 |
| 55 | 815 | DRZEWOSZEWSKI Robert | Łódź | brak | 00:23:05 | 00:23:05 | 11.8 | 00:04:31 |
| 56 | 615 | KACPRZAK Sławek | Justynów | LZS Justynów | 00:23:06 | 00:23:06 | 12.5 | 00:04:32 |

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|---------|------|-----------------------|---------------------|-------------------------|-----------|------------|------|----------|
| 57 | 678 | DZIEDZIC Grzegorz | Sieradz | sieradzbiega.pl | 00:23:06 | 00:23:06 | 12.4 | 00:04:32 |
| 58 | 747 | SZADZIUK Wojciech | Łódź | TATE & LYLE ACTIVE TEAM | 00:23:08 | 00:23:08 | 12.9 | 00:04:34 |
| 59 | 684 | STRZAŁKOWSKI Dariusz | Ner | brak | 00:23:12 | 00:23:12 | 12.6 | 00:04:38 |
| 60 | 805 | SYPIEŃ Tomasz | Łódź | TEAM-SC | 00:23:17 | 00:23:17 | 12.4 | 00:04:43 |
| 61 | 717 | FRYZEŁ Grzegorz | Łódź | brak | 00:23:20 | 00:23:20 | 12.8 | 00:04:46 |
| 62 | 790 | ABCZYŃSKI Robert | Świecie | Solidarność Poledno | 00:23:21 | 00:23:21 | 12.5 | 00:04:47 |
| 63 | 724 | RYBAK Bogdan | Łódź | brak | 00:23:25 | 00:23:25 | 12.5 | 00:04:51 |
| 64 | 794 | KRYCH Paweł | Łódź | Łódź Kocha Sport | 00:23:27 | 00:23:27 | 12.2 | 00:04:53 |
| 65 | 803 | KARAŚ Witold | Łódź | RYSIOTEAM | 00:23:30 | 00:23:30 | 12.3 | 00:04:56 |
| 66 | 718 | ZIÓŁKOWSKI Rafał | Łódź | Łódź Running Team | 00:23:35 | 00:23:35 | 12.3 | 00:05:01 |
| 67 | 786 | MOSTOWY Marian | Łódź | brak | 00:23:38 | 00:23:38 | 12.2 | 00:05:04 |
| 68 | 817 | KOWALCZYK Michał | Kozia Góra | ROZBIEGANI-ŻYCHLIN | 00:23:44 | 00:23:44 | 12.3 | 00:05:10 |
| 69 | 801 | KUŹNIAR Marcin | Łódź | Orange Polska | 00:23:45 | 00:23:45 | 12.5 | 00:05:11 |
| 70 | 781 | TONDYS Piotr | Łódź | Tigers Team | 00:23:48 | 00:23:48 | 12.5 | 00:05:14 |
| 71 | 705 | NOLBRZAK Michał | Łódź | BSP TEAM | 00:23:52 | 00:23:52 | 11.9 | 00:05:18 |
| 72 | 627 | PIETRZAK Piotr | Łódź | brak | 00:23:58 | 00:23:58 | 12.2 | 00:05:24 |
| 73 | 853 | KUMOSIŃSKI Patryk | Rąbień AB | EUDEZET CREW | 00:23:58 | 00:23:58 | 11.6 | 00:05:24 |
| 74 | 729 | NOWAK Rafał | Łódź | BSP TEAM | 00:24:02 | 00:24:02 | 11.8 | 00:05:28 |
| 75 | 606 | KABAŁA Konrad | Łódź | brak | 00:24:03 | 00:24:03 | 12.1 | 00:05:29 |
| 76 | 608 | ZIĄBKA Andrzej | Aleksandrów | Łódzki brak | 00:24:03 | 00:24:03 | 12.3 | 00:05:29 |
| 77 | 626 | RAPACZ Mariusz | Szczawin | MPK-Łódź | 00:24:05 | 00:24:05 | 12.2 | 00:05:31 |
| 78 | 707 | NOWAKOWSKI Bartosz | Łódź | Beauty Sport | 00:24:09 | 00:24:09 | 11.9 | 00:05:35 |
| 79 | 850 | ZABŁOCKI Wojtek | Łódź | brak | 00:24:10 | 00:24:10 | 11.9 | 00:05:36 |
| 80 | 622 | ADAMCZYK Piotr | Łódź | brak | 00:24:10 | 00:24:10 | 12.3 | 00:05:36 |
| 81 | 682 | PAWLAK Przemysław | Krośniewice | Amator | 00:24:11 | 00:24:11 | 12.3 | 00:05:37 |
| 82 | 858 | KRAŻYŃSKI Sebastian | Łódź | Amator | 00:24:14 | 00:24:14 | 12.2 | 00:05:40 |
| 83 | 1615 | KWIATKOWSKI Arkadiusz | Pabianice | Vera Running Team | 00:24:16 | 00:24:16 | 11.7 | 00:05:42 |
| 84 | 808 | FILIPOWSKI Zdzisław | Konstantynów Łódzki | K.S Celironman | 00:24:16 | 00:24:16 | 11.9 | 00:05:42 |
| 85 | 838 | ANGULSKI Zbigniew | warta | ZBIEGLI A WARTY | 00:24:16 | 00:24:16 | 12.1 | 00:05:42 |
| 86 | 769 | WARDENGA Piotr | Warszawa | brak | 00:24:16 | 00:24:16 | 12.3 | 00:05:42 |
| 87 | 842 | KUCHARSKI Marcin | Konstantynów Łódzki | Runninglab | 00:24:17 | 00:24:17 | 11.6 | 00:05:43 |
| 88 | 679 | JAŻWIŃSKI Rafał | ŻYCHLIN | ROZBIEGANI-ŻYCHLIN | 00:24:20 | 00:24:20 | 12 | 00:05:46 |
| 89 | 618 | WOLAK Jarosław | Łódź | mBank | 00:24:22 | 00:24:22 | 11.9 | 00:05:48 |
| 90 | 741 | LEWERA Robert | PABIANICE | TATE & LYLE ACTIVE TEAM | 00:24:23 | 00:24:23 | 11.8 | 00:05:49 |
| 91 | 785 | KAPUSTA Tomasz | domaniewice | Orange Polska | 00:24:24 | 00:24:24 | 11.7 | 00:05:50 |
| 92 | 862 | SEKIETA Marek | Pabianice | brak | 00:24:27 | 00:24:27 | 12.2 | 00:05:53 |

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|---------|------|-----------------------|---------------------|------------------------------|-----------|------------|------|----------|
| 93 | 837 | FEDOROWICZ Adam | Łódź | Rubbish Solutions | 00:24:29 | 00:24:29 | 12 | 00:05:55 |
| 94 | 1260 | OWCZAREK Tomasz | Sieradz | RAJSPORT ACTIVE | 00:24:31 | 00:24:31 | 11.6 | 00:05:57 |
| 95 | 745 | SKURCZAK Robert | Łódź | atmosfera fitness & wellness | 00:24:33 | 00:24:33 | 11.9 | 00:05:59 |
| 96 | 654 | WŁODARCZYK Piotr | Łódź | brak | 00:24:33 | 00:24:33 | 12.2 | 00:05:59 |
| 97 | 616 | STASIEWICZ Marek | Łódź | Vera Running Team | 00:24:37 | 00:24:37 | 11.6 | 00:06:03 |
| 98 | 812 | OLSZEWSKI Mateusz | Łódź | brak | 00:24:44 | 00:24:44 | 12 | 00:06:10 |
| 99 | 788 | SZUBIELSKI Adam | Łódź | brak | 00:24:45 | 00:24:45 | 11.8 | 00:06:11 |
| 100 | 652 | KOPER Sebastian | Warszawa | Carrefour | 00:24:45 | 00:24:45 | 11.9 | 00:06:11 |
| 101 | 703 | TUROS Marek | Warszawa | brak | 00:24:49 | 00:24:49 | 11.8 | 00:06:15 |
| 102 | 639 | MICHALCZEWSKI Andrzej | Łódź | brak | 00:24:51 | 00:24:51 | 11.4 | 00:06:17 |
| 103 | 836 | KLIMCZAK Rafa | Pabianice | BSP TEAM | 00:24:51 | 00:24:51 | 11.9 | 00:06:17 |
| 104 | 734 | STASIAK Marcin | Konstantynów | brak | 00:24:52 | 00:24:52 | 11.6 | 00:06:18 |
| 105 | 844 | CIEŚLAK Paweł | Łódź | MAXIMUS | 00:24:56 | 00:24:56 | 11.3 | 00:06:22 |
| 106 | 719 | PAWEŁCZYK Grzegorz | Łódź | brak | 00:24:59 | 00:24:59 | 11.5 | 00:06:25 |
| 107 | 617 | PECYNA Dariusz | Łódź | brak | 00:25:02 | 00:25:02 | 11.5 | 00:06:28 |
| 108 | 701 | WIELGUS Jarosław | Łódź | brak | 00:25:02 | 00:25:02 | 11.6 | 00:06:29 |
| 109 | 825 | WDOVIK Witold | Czaplinek | Rytm | 00:25:05 | 00:25:05 | 11.4 | 00:06:31 |
| 110 | 630 | GÓRALCZYK Piotr | Łódź | brak | 00:25:09 | 00:25:09 | 11.5 | 00:06:35 |
| 111 | 676 | MAJTCZAK Mariusz | Szadek | SZADKOBIEGACZE | 00:25:10 | 00:25:10 | 11.7 | 00:06:36 |
| 112 | 674 | POŚPIESZYŃSKI Jacek | Szadek | SZADKOBIEGACZE | 00:25:10 | 00:25:10 | 11.7 | 00:06:36 |
| 113 | 784 | OCHOTA Sławomir | Łódź | brak | 00:25:11 | 00:25:11 | 11.9 | 00:06:37 |
| 114 | 766 | PIECHURA Mariusz | Łódź | brak | 00:25:18 | 00:25:18 | 11.3 | 00:06:44 |
| 115 | 822 | WACŁAW Andrzej | Sosnowiec | brak | 00:25:20 | 00:25:20 | 11.7 | 00:06:46 |
| 116 | 767 | JESKE Artur | Tomaszów Mazowiecki | brak | 00:25:20 | 00:25:20 | 11.5 | 00:06:46 |
| 117 | 793 | WIECZOREK Piotr | Łódź | RUN FLY TEAM | 00:25:30 | 00:25:30 | 11.1 | 00:06:56 |
| 118 | 688 | KOTLINSKI Radosław | Łódź | brak | 00:25:37 | 00:25:37 | 11.6 | 00:07:04 |
| 119 | 638 | MALINOWSKI Paweł | Szczawin Duży | MPK-Łódź | 00:25:38 | 00:25:38 | 11.7 | 00:07:04 |
| 120 | 821 | PRASAŁ Artur | Łódź | brak | 00:25:50 | 00:25:50 | 11.3 | 00:07:16 |
| 121 | 699 | BŁASZCZYK Tomasz | Warta | ZBIEGLI Z WARTY | 00:25:51 | 00:25:51 | 11.4 | 00:07:17 |
| 122 | 750 | DROŹDŹ Krzyszto | Łódź | brak | 00:25:51 | 00:25:51 | 11.1 | 00:07:17 |
| 123 | 1270 | RYBUS Maciej | Zgierz | brak | 00:25:53 | 00:25:53 | 11 | 00:07:19 |
| 124 | 704 | CHOJNACKI Tomasz | Łódź | BSP TEAM | 00:25:58 | 00:25:58 | 11 | 00:07:24 |
| 125 | 709 | GORĄCY Daniel | Piątek | ZSMR Piątek | 00:25:58 | 00:25:58 | 11 | 00:07:24 |
| 126 | 800 | JARANOWSKI Arkadiusz | Gańków Duży | Pietrzyk Running Team | 00:26:00 | 00:26:00 | 11.4 | 00:07:26 |

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|---------|------|-----------------------|---------------------|-------------------|-----------|------------|------|----------|
| 127 | 687 | BARBURSKI Marcin | Łódź | brak | 00:26:01 | 00:26:01 | 10.7 | 00:07:27 |
| 128 | 811 | OLSZEWSKI Tomasz | Łódź | brak | 00:26:02 | 00:26:02 | 11.4 | 00:07:28 |
| 129 | 829 | BINKOWSKI Jarosław | OSTRÓW WIELKOPOLSKI | RAJSPORT ACTIVE | 00:26:03 | 00:26:03 | 11.4 | 00:07:29 |
| 130 | 695 | MADEJ Tomasz | Sosnowiec | Skarpa Sosnowiec | 00:26:04 | 00:26:04 | 10.7 | 00:07:30 |
| 131 | 828 | MARCYJANIAK Krzysztof | RADZIEJÓW | KS ZRYW RADZIEJÓW | 00:26:05 | 00:26:05 | 10.7 | 00:07:31 |
| 132 | 802 | WACHOWIEC Jarosław | Rokiciny Kolonia | brak | 00:26:09 | 00:26:09 | 11.4 | 00:07:35 |
| 133 | 662 | WAWRZENIAK Robert | Łódź | Rosbiegani | 00:26:12 | 00:26:12 | 11.3 | 00:07:38 |
| 134 | 804 | BROŹ Krzysztof | Koło | Koło Biega | 00:26:12 | 00:26:12 | 11.2 | 00:07:38 |
| 135 | 710 | MARKS Marcin | Łódź | brak | 00:26:14 | 00:26:14 | 11.1 | 00:07:40 |
| 136 | 819 | KAMIŃSKI Radosław | Łódź | brak | 00:26:15 | 00:26:15 | 10.7 | 00:07:41 |
| 137 | 846 | GRZEBSKI Janusz | ZDUŃSKA WOLA | RAJSPORT ACTIVE | 00:26:18 | 00:26:18 | 10.7 | 00:07:44 |
| 138 | 763 | DOMAŃSKI Przemysław | Łódź | brak | 00:26:25 | 00:26:25 | 10.9 | 00:07:51 |
| 139 | 743 | GRUSZKA Maciej | Łódź | RYSIE | 00:26:26 | 00:26:26 | 11.3 | 00:07:52 |
| 140 | 1331 | RUDZKI Tomasz | Łódź | RAJSPORT ACTIVE | 00:26:29 | 00:26:29 | 10.7 | 00:07:55 |
| 141 | 864 | ZASADA Witold | Łódź | PULS TRI TEAM | 00:26:30 | 00:26:30 | 10.8 | 00:07:56 |
| 142 | 791 | KUCHARCZYK Mariusz | Piotrków Tryb | Amator | 00:26:30 | 00:26:30 | 10.9 | 00:07:56 |
| 143 | 715 | KRAJEWSKI Przemysław | Warszawa | Leczo team | 00:26:30 | 00:26:30 | 10.8 | 00:07:56 |
| 144 | 628 | KALUŻA Piotr | Łódź | Łódź Kocha Sport | 00:26:33 | 00:26:33 | 11.1 | 00:07:59 |
| 145 | 714 | WIĘCZKOWSKI Wojciech | Warszawa | brak | 00:26:37 | 00:26:37 | 10.7 | 00:08:03 |
| 146 | 855 | ŚWIDERSKI Dariusz | Warszawa | brak | 00:26:38 | 00:26:38 | 10.8 | 00:08:04 |
| 147 | 649 | SZCZEŚNIAK Marcin | Łódź | brak | 00:26:40 | 00:26:40 | 10.5 | 00:08:06 |
| 148 | 764 | TAROŃ Dominik | Gańków Mały | brak | 00:26:41 | 00:26:41 | 10.9 | 00:08:07 |
| 149 | 759 | WOJTYSIAK Marcin | Warta | brak | 00:26:48 | 00:26:48 | 11 | 00:08:14 |
| 150 | 861 | URBANEK Krzysztof | Łódź | brak | 00:26:52 | 00:26:52 | 10.8 | 00:08:18 |
| 151 | 723 | KOBALCZYK Marcin | Łódź | EVERRUN | 00:27:00 | 00:27:00 | 10.3 | 00:08:26 |
| 152 | 796 | PANFIL Marcin | Turek | brak | 00:27:00 | 00:27:00 | 11 | 00:08:26 |
| 153 | 748 | BANASZCZYK Tomasz | Łask | brak | 00:27:04 | 00:27:04 | 10.9 | 00:08:30 |
| 154 | 751 | KOZIOROWSKI Adam | Łódź | brak | 00:27:07 | 00:27:07 | 10.4 | 00:08:33 |
| 155 | 852 | FRACKIEWICZ Sylwester | Łódź | brak | 00:27:08 | 00:27:08 | 11 | 00:08:34 |
| 156 | 664 | ŻYŁA Adam | Łask | brak | 00:27:12 | 00:27:12 | 10.6 | 00:08:38 |
| 157 | 656 | UBYCH Marcin | Łódź | RAJSPORT ACTIVE | 00:27:13 | 00:27:13 | 10.6 | 00:08:39 |
| 158 | 799 | MAZOWIECKI Radosław | Łódź | UMED IT | 00:27:26 | 00:27:26 | 10.6 | 00:08:52 |

| Miejsce | Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Czas sum. | Czas netto | Vśr | Różnica |
|---------|------|----------------------|---------------------|---------------------------------------|-----------|------------|------|----------|
| 159 | 826 | WRZOS Sławomir | Łódź | brak | 00:27:34 | 00:27:34 | 10.7 | 00:09:00 |
| 160 | 694 | TOMCZYK Krzysztof | Tomaszów Mazowiecki | BROWERZYŚCI.TM | 00:27:34 | 00:27:34 | 10.8 | 00:09:00 |
| 161 | 807 | WÓJTOWSKI Marcin | Łódź | brak | 00:27:35 | 00:27:35 | 10.3 | 00:09:01 |
| 162 | 623 | WESTWAL Piotr | Aleksandrów Łódzki | brak | 00:27:37 | 00:27:37 | 10.6 | 00:09:03 |
| 163 | 640 | KRZEMIŃSKI Michał | Kolonia Brużyca | brak | 00:27:37 | 00:27:37 | 10.6 | 00:09:04 |
| 164 | 816 | WOJCIECHOWSKI Maciej | Łódź | brak | 00:27:38 | 00:27:38 | 10.2 | 00:09:04 |
| 165 | 4 | DROZDOWSKI Adam | Łódź | brak | 00:27:40 | 00:27:40 | 10.4 | 00:09:06 |
| 166 | 860 | KWIATKOWSKI Paweł | Łask | brak | 00:27:40 | 00:27:40 | 10.4 | 00:09:06 |
| 167 | 830 | BOGACKI Adam | Łask | Team Cygana i Pająka | 00:27:40 | 00:27:40 | 10.4 | 00:09:06 |
| 168 | 818 | GALAR Piotr | Łódź | brak | 00:27:43 | 00:27:43 | 10.2 | 00:09:09 |
| 169 | 795 | DANIELAK Radosław | Nieszawa | brak | 00:27:47 | 00:27:47 | 10.4 | 00:09:13 |
| 170 | 668 | ŻÓTOWSKI Tomasz | Łódź | brak | 00:27:50 | 00:27:50 | 10.6 | 00:09:16 |
| 171 | 854 | MĘCZYŃSKI Piotr | Łęczycza | 6 Brygada Powietrznodesantowa | 00:27:53 | 00:27:53 | 10.4 | 00:09:19 |
| 172 | 792 | WALASZEK Dariusz | Turek | KB Geotermia Uniejów | 00:27:55 | 00:27:55 | 10.3 | 00:09:21 |
| 173 | 1612 | GODZWON Rafał | Łódź | PGE Obrót Run | 00:27:57 | 00:27:57 | 10.6 | 00:09:23 |
| 174 | 722 | ANDRYSZCZAK Radosław | Uniejów | brak | 00:28:00 | 00:28:00 | 10.7 | 00:09:26 |
| 175 | 866 | ŁYŻWA Jacek | Łódź | brak | 00:28:08 | 00:28:08 | 10.2 | 00:09:34 |
| 176 | 778 | WOJTKO Piotr | Jabłonna | Ministerstwo Głupich Kroków Legionowo | 00:28:12 | 00:28:12 | 10.3 | 00:09:38 |
| 177 | 865 | WIERZBICKI Piotr | Łódź | Amator | 00:28:12 | 00:28:12 | 10.5 | 00:09:38 |
| 178 | 797 | POTĘPSKI Rafał | Łódź | brak | 00:28:18 | 00:28:18 | 10.2 | 00:09:44 |
| 179 | 635 | WÓJCIK Marcin | Łódź | Forever Young Łódź | 00:28:22 | 00:28:22 | 10 | 00:09:48 |
| 180 | 655 | KAŃSKI Jakub | Łódź | brak | 00:28:28 | 00:28:28 | 10 | 00:09:54 |
| 181 | 848 | SARZYŃSKI Adam | Łódź | SONOCO LPC RUNNING TEAM | 00:28:42 | 00:28:42 | 10.1 | 00:10:09 |
| 182 | 762 | BARANOWSKI Romuald | Płock | wqurw_team | 00:28:45 | 00:28:45 | 9.8 | 00:10:11 |
| 183 | 847 | KOSMAŁSKI Arkadiusz | Jedlicze A | Niezzreszony | 00:29:00 | 00:29:00 | 10.2 | 00:10:26 |
| 184 | 666 | SZTELAK Piotr | Łódź | brak | 00:29:02 | 00:29:02 | 10.1 | 00:10:28 |
| 185 | 737 | WÓDZ Adam | Łódź | brak | 00:29:08 | 00:29:08 | 9.9 | 00:10:34 |
| 186 | 650 | BOROWSKI Piotr | Łódź | brak | 00:29:14 | 00:29:14 | 10.2 | 00:10:40 |
| 187 | 845 | MIZIOŁEK Tomasz | Łódź | Parkrun Łódź | 00:29:20 | 00:29:20 | 9.8 | 00:10:46 |
| 188 | 742 | STAWINOGA Jacek | Lubartów | brak | 00:29:34 | 00:29:34 | 10.1 | 00:11:00 |
| 189 | 798 | BRZOZOWSKI Romuald | Łódź | brak | 00:29:36 | 00:29:36 | 9.8 | 00:11:02 |
| 190 | 753 | KRAWCZYK Piotr | Bychlew | Gillette Run | 00:29:43 | 00:29:43 | 9.5 | 00:11:09 |
| 191 | 651 | BŁOCH Marek | Huta Dłutowska | BLOCHS | 00:29:54 | 00:29:54 | 9.4 | 00:11:20 |
| 192 | 809 | MOKRACKI Adam | Łódź | Cieniasy RunningTeam | 00:30:01 | 00:30:01 | 9.5 | 00:11:27 |

| Miejsce | Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Czas sum. | Czas netto | Vśr | Różnica |
|---------|------|----------------------|---------------------|---------------------------------|-----------|------------|-----|----------|
| 193 | 643 | SUS Michał | Zawiercie | brak | 00:30:03 | 00:30:03 | 9.5 | 00:11:29 |
| 194 | 771 | WODYŃSKI Robert | Zgierz | brak | 00:30:22 | 00:30:22 | 9.4 | 00:11:48 |
| 195 | 832 | WĄTRÓBSKI Grzegorz | Gdynia | BSP TEAM | 00:30:25 | 00:30:25 | 9.4 | 00:11:51 |
| 196 | 770 | SKŁADANEK Sebastian | Tomaszów Mazowiecki | BBL Tomaszów Mazowiecki | 00:30:38 | 00:30:38 | 9.7 | 00:12:04 |
| 197 | 841 | SZCZESIAK Sebastian | KOŁO | Koło Biega | 00:30:46 | 00:30:46 | 9.6 | 00:12:12 |
| 198 | 814 | STAWICKI Marek | WŁOCŁAWEK | brak | 00:30:54 | 00:30:54 | 9.5 | 00:12:20 |
| 199 | 732 | KUBUS Marcin | Łódź | Polskie Centrum Kadrowo-Płacowe | 00:30:55 | 00:30:55 | 9.2 | 00:12:21 |
| 200 | 625 | KOZŁOWSKI Adam | Łódź | brak | 00:30:56 | 00:30:56 | 9.2 | 00:12:22 |
| 201 | 849 | PUPAR Arkadiusz | Łódź | SONOCO LPC RUNNING TEAM | 00:30:59 | 00:30:59 | 9.3 | 00:12:25 |
| 202 | 839 | KUCHARSKI Adam | Zgierz | Celironman | 00:31:18 | 00:31:18 | 9.4 | 00:12:45 |
| 203 | 738 | STEMPNIK Andrzej | Łódź | brak | 00:31:19 | 00:31:19 | 9.2 | 00:12:45 |
| 204 | 1275 | PISZCZEK Roman | Konstantynów Łódzki | brak | 00:31:31 | 00:31:31 | 8.9 | 00:12:57 |
| 205 | 1263 | ZIÓŁKOWSKI Zbigniew | Łowicz | brak | 00:31:33 | 00:31:33 | 9.2 | 00:12:59 |
| 206 | 757 | KRAKOWIAK Paweł | Łódź | brak | 00:31:35 | 00:31:35 | 9.1 | 00:13:01 |
| 207 | 820 | KASPERSKI Piotr | Łódź | brak | 00:31:36 | 00:31:36 | 9.1 | 00:13:02 |
| 208 | 693 | BALICKI Jakub | Łódź | ASAP Runners | 00:31:57 | 00:31:57 | 8.8 | 00:13:23 |
| 209 | 728 | FILIP Jacek | Łódź | BSP TEAM | 00:32:05 | 00:32:05 | 9 | 00:13:31 |
| 210 | 611 | KURMAN Jacek | Łowicz | Starzyńskiego Biega Łowicz | 00:32:23 | 00:32:23 | 8.9 | 00:13:49 |
| 211 | 782 | STANECKI Marcin | skierniewice | brak | 00:32:37 | 00:32:37 | 8.8 | 00:14:03 |
| 212 | 720 | SKÓRECKI Marcin | Kalisz | BSP TEAM | 00:32:42 | 00:32:42 | 8.8 | 00:14:08 |
| 213 | 604 | MUCHA Marcin | Łódź | Portal Danych.pl | 00:32:49 | 00:32:49 | 8.8 | 00:14:15 |
| 214 | 712 | SZUSTAK Mariusz | Łódź | Łódź Kocha Sport | 00:32:51 | 00:32:51 | 8.7 | 00:14:17 |
| 215 | 612 | WILCZEWSKI Jarosław | Łódź | Wolf Team | 00:33:05 | 00:33:05 | 8.9 | 00:14:31 |
| 216 | 671 | TOPCZEWSKI Maciej | Łódź | SBRT SKLEP BIEGACZA | 00:33:11 | 00:33:11 | 8.6 | 00:14:37 |
| 217 | 665 | GALOCH Robert | Aleksandrów Łódzki | SBRT SKLEP BIEGACZA | 00:33:14 | 00:33:14 | 8.6 | 00:14:40 |
| 218 | 774 | BALCERZAK Robert | Pajęczno | brak | 00:33:32 | 00:33:32 | 8.6 | 00:14:58 |
| 219 | 675 | KUREK Krzysztof | Płock | Płock biega No Age Limit | 00:33:38 | 00:33:38 | 8.5 | 00:15:04 |
| 220 | 644 | BOROWSKI Robert | Łódź | Łoża szyderców | 00:33:40 | 00:33:40 | 8.9 | 00:15:06 |
| 221 | 690 | ZARYCHTA Radosław | Łódź | brak | 00:34:09 | 00:34:09 | 8.3 | 00:15:35 |
| 222 | 730 | GÓRSKI Leszek | Łódź | Polskie Centrum Kadrowo-Płacowe | 00:34:31 | 00:34:31 | 8.3 | 00:15:57 |
| 223 | 739 | KUBICKI Maciej | Łódź | Łoża szyderców | 00:34:53 | 00:34:53 | 8.3 | 00:16:19 |
| 224 | 646 | POŁUDNIKIEWICZ Piotr | Łódź | Łoża szyderców | 00:34:53 | 00:34:53 | 8.3 | 00:16:19 |
| 225 | 685 | CIEŚLAK Maciej | Łódź | Łoża szyderców | 00:34:54 | 00:34:54 | 8.3 | 00:16:20 |

| Miejsce | Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Czas sum. | Czas netto | Vśr | Różnica |
|---------|------|------------------------|--------------|----------------------------|-----------|------------|-----|----------|
| 226 | 614 | BORUCH Adam | Zgierz | brak | 00:34:57 | 00:34:57 | 8.2 | 00:16:23 |
| 227 | 833 | MINCBERG Piotr | Łódź | BSP TEAM | 00:35:15 | 00:35:15 | 8.3 | 00:16:41 |
| 228 | 736 | DĘBOWSKI Arkadiusz | Zuńska Wola | BSP TEAM | 00:35:54 | 00:35:54 | 8.1 | 00:17:20 |
| 229 | 749 | MAJ Janusz | Łódź | Ichem Sport Team | 00:36:53 | 00:36:53 | 8.1 | 00:18:20 |
| 230 | 1255 | SŁOWIŃSKI Maciek | Tomaszów Maz | BROWERZYŚCI.TM | 00:37:52 | 00:37:52 | 7.5 | 00:19:18 |
| 231 | 689 | WIŚNIEWSKI Michał | Łowicz | Starzyńskiego Biega Łowicz | 00:38:29 | 00:38:29 | 7.5 | 00:19:55 |
| 232 | 613 | SIUDEK Mariusz | Toruń | AXEL TORUŃ | 00:38:34 | 00:38:34 | 7.4 | 00:20:00 |
| 233 | 716 | JANISZEWSKI Sylweryusz | Łódź | brak | 00:39:16 | 00:39:16 | 7.3 | 00:20:42 |
| 234 | 698 | KOLASA Wojciech | Łódź | Epoka Nordica Łódź | 00:41:38 | 00:41:38 | 6.9 | 00:23:04 |
| 235 | 752 | WITKOWSKI Jacek | Łódź | Epoka Nordica Łódź | 00:41:38 | 00:41:38 | 6.9 | 00:23:05 |

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| Ukończyło: | 235 | Przygotowanie i pomiar czasu ProTimer (www.ProTimer.pl), wydrukowano 2025-01-16 |
| Wystartowało: | 235 | |
| Zapisało się: | 277 | |