



Łódź - Arturówek 17.02.2019

Puchar DOZ Maratonu Łódź 2019 20km - edycja 4

Wyniki Open Mężczyzn

Msc	Nr	Imię	Nazwisko	Miejscowość	Klub/Drużyna	Kategoria	Okr. 1	Okr. 2	Okr. 3	Okr. 4	Czas sum.	Vśr	Różnica
±	1	267	Tomasz	OWCZAREK	Bełchatów	brak	M 30 - 1	00:19:44 /3	00:18:03 /1	00:18:17 /1	00:18:37 /1	01:14:42	16.1 00:00:00
±	2	220	Tomasz	KUNIKOWSKI	Placencja	Akademibiegacza.pl S.L. SALOS Wodna- Łódź	M 30 - 2	00:19:44 /2	00:18:57 /2	00:19:06 /2	00:19:26 /2	01:17:15	15.5 00:02:33
±	3	241	Krzysztof	PIETRZYK	Koluszki	PIETRZYK RUNNING TEAM	M 40 - 1	00:19:42 /1	00:19:17 /3	00:19:12 /3	00:20:13 /3	01:18:25	15.3 00:03:43
±	4	161	Michał	ADAMKIEWICZ	Łódź	ReebokRunCrew LDZ	M 30 - 3	00:19:47 /4	00:19:42 /4	00:19:51 /4	00:20:03 /4	01:19:24	15.1 00:04:41
±	5	204	Piotr	JÓZWIAK	Łódź	KITA TEAM	M 30 - 4	00:19:48 /5	00:19:42 /5	00:20:43 /5	00:20:52 /5	01:21:06	14.8 00:06:23
±	6	15	Michał	WITKOWSKI	Łódź	Akademibiegacza.pl S.L. SALOS Wodna- Łódź	M 30 - 5	00:20:27 /6	00:20:15 /6	00:20:26 /6	00:20:32 /6	01:21:41	14.7 00:06:58
±	7	6	Bartłomiej	BŁASZCZYK	Łódź	brak	M 30 - 6	00:20:31 /8	00:21:20 /8	00:20:13 /7	00:20:27 /7	01:22:34	14.5 00:07:51
±	8	75	Maciej	FRANKOWSKI	Konstantynów Łódzki	Beauty Sport Team	M 40 - 2	00:20:29 /7	00:21:01 /7	00:20:39 /8	00:21:00 /8	01:23:10	14.4 00:08:28
±	9	192	Piotr	LEWICKI	Łódź	ReebokRunCrew LDZ	M 30 - 7	00:21:08 /10	00:20:50 /9	00:20:46 /9	00:20:46 /9	01:23:32	14.4 00:08:50
±	10	178	Marcin	NADRATOWSKI	Łódź	AZS Politechnika Łódzka (Gabrysio Team)	M 20 - 1	00:21:08 /9	00:20:51 /10	00:21:28 /10	00:21:55 /10	01:25:24	14 00:10:42
±	11	342	Michał	TRZCINKA	Łódź	SuperTeam	M 30 - 8	00:21:53 /12	00:21:19 /11	00:21:32 /11	00:21:39 /11	01:26:25	13.9 00:11:42
±	12	92	Rafał	KASZUBSKI	Łódź	Łódź Kocha Sport	M 30 - 9	00:21:57 /13	00:21:58 /14	00:22:10 /14	00:21:38 /12	01:27:45	13.7 00:13:02
±	13	159	Adam	FLORCZAK	Łódź	brak	M 40 - 3	00:22:15 /18	00:21:40 /13	00:21:53 /12	00:22:00 /13	01:27:49	13.7 00:13:06
±	14	381	Przemysław	JABŁOŃSKI	Łódź	PIETRZYK RUNNING TEAM	M 30 - 10	00:22:17 /20	00:21:49 /15	00:21:50 /13	00:22:03 /14	01:28:01	13.6 00:13:19
±	15	60	Marcin	JÓZWIAK	Łódź	Beauty Sport Team	M 40 - 4	00:22:18 /21	00:21:49 /16	00:22:12 /15	00:22:22 /15	01:28:42	13.5 00:13:59
±	16	332	Arkadiusz	KASZUBA	Aleksandrów Łódzki	brak	M 40 - 5	00:22:09 /17	00:22:04 /18	00:22:31 /16	00:23:04 /16	01:29:50	13.4 00:15:07
±	17	199	Jakub	KIMMER	Zelów	Biegging Team Zelów	M 30 - 11	00:21:59 /16	00:22:28 /20	00:22:54 /17	00:23:01 /17	01:30:24	13.3 00:15:41
±	18	294	Adam	LESIEN	Łódź	Morena Czołowa	M 40 - 6	00:21:58 /15	00:22:09 /17	00:24:01 /21	00:22:17 /18	01:30:27	13.3 00:15:44
±	19	221	Michał	LOTKA	Łódź	KITA TEAM	M 40 - 7	00:22:33 /22	00:22:26 /22	00:22:55 /20	00:22:46 /19	01:30:41	13.2 00:15:58
±	20	7	Paweł	ROJEWSKI	Łódź	EVErRUN	M 30 - 12	00:21:11 /11	00:22:10 /12	00:24:28 /19	00:23:19 /20	01:31:09	13.2 00:16:27
±	21	166	Andrzej	SKOWRON	Aleksandrów Łódzki	brak	M 40 - 8	00:22:47 /25	00:22:32 /24	00:22:52 /22	00:23:08 /21	01:31:21	13.1 00:16:38
±	22	135	Konrad	GRZYB	Łódź	RYSIOTEAM	M 20 - 2	00:22:36 /24	00:22:44 /25	00:23:04 /24	00:23:15 /22	01:31:40	13.1 00:16:58
±	23	306	Michał	JANUS	Dąbrowa Górnicza	brak	M 30 - 13	00:21:58 /14	00:22:28 /19	00:23:01 /18	00:24:16 /23	01:31:44	13.1 00:17:02
±	24	234	Marcin	BANASIAK	ŁÓDŹ	brak	M 40 - 9	00:23:15 /33	00:22:58 /27	00:22:49 /25	00:23:27 /24	01:32:30	13 00:17:48
±	25	117	Robert	BUDNER	Łódź	GFT Running Team	M 40 - 10	00:23:07 /31	00:23:10 /31	00:23:18 /27	00:23:31 /25	01:33:07	12.9 00:18:24

Msc	Nr	Imię	Nazwisko	Miejscowość	Klub/Drużyna	Kategoria	Okr. 1	Okr. 2	Okr. 3	Okr. 4	Czas sum.	Vśr	Różnica	
±	26	115	Mariusz	SZMERKA	Łódź	Orange Polska	M 40 - 11	00:23:00 / 27	00:23:09 / 26	00:23:28 / 29	00:23:34 / 26	01:33:12	12.9	00:18:30
±	27	57	Michał	ZALEWSKI	Łódź	brak	M 40 - 12	00:23:07 / 30	00:23:10 / 30	00:23:22 / 30	00:23:40 / 27	01:33:20	12.9	00:18:38
±	28	97	Marcin	SZCZEPAŃSKI	Łódź	EVERUN	M 40 - 13	00:23:06 / 29	00:23:10 / 28	00:23:31 / 31	00:23:38 / 28	01:33:27	12.8	00:18:44
±	29	196	Maciej	RUTA	Łódź	brak	M 40 - 14	00:23:10 / 32	00:23:08 / 32	00:23:19 / 28	00:23:49 / 29	01:33:27	12.8	00:18:44
±	30	136	Kacper	WOŁYŃSKI	Łódź	GFT Running Team	M 30 - 14	00:23:44 / 35	00:23:25 / 34	00:23:24 / 33	00:22:55 / 30	01:33:29	12.8	00:18:47
±	31	80	Bartosz	DROBNY	Łódź	Morena Czołowa	M 30 - 15	00:22:34 / 23	00:22:36 / 23	00:24:13 / 26	00:25:09 / 31	01:34:33	12.7	00:19:51
±	32	102	Marcin	ADAMIAK	Łódź	EVERUN	M 40 - 15	00:23:06 / 28	00:23:10 / 29	00:24:04 / 32	00:24:13 / 32	01:34:34	12.7	00:19:51
±	33	213	Paweł	WLAZŁO	Łódź	Beauty Sport Team	M 40 - 16	00:24:08 / 41	00:23:43 / 40	00:23:37 / 34	00:23:11 / 33	01:34:41	12.7	00:19:59
±	34	76	Wojciech	ZALASA	Łódź	Łódź Kocha Sport	M 50 - 1	00:24:48 / 50	00:23:37 / 44	00:23:22 / 37	00:23:12 / 34	01:35:01	12.6	00:20:18
±	35	46	Przemek	GRZEJZIAK	Łódź	Razem Trenujemy Sport	M 30 - 16	00:24:30 / 45	00:23:30 / 41	00:23:58 / 40	00:23:56 / 35	01:35:56	12.5	00:21:13
±	36	191	Jarosław	GÓŻAŃSKI	ŁÓDŹ	Łódź Kocha Sport	M 50 - 2	00:23:49 / 37	00:23:44 / 37	00:24:19 / 38	00:24:20 / 36	01:36:13	12.5	00:21:31
±	37	11	Maciej	RADCZYC	Łódź	PIETRZYK RUNNING TEAM	M 40 - 17	00:24:09 / 43	00:24:24 / 45	00:24:33 / 44	00:23:29 / 37	01:36:36	12.4	00:21:53
±	38	316	Mariusz	RACZ	Rogów	PIETRZYK RUNNING TEAM	M 30 - 17	00:24:09 / 42	00:24:27 / 47	00:24:30 / 45	00:23:33 / 38	01:36:41	12.4	00:21:58
±	39	399	Michał	DAJCZ	PIOTRKÓW TRYB.	TRIAKTYWNI PIOTRKÓW	M 30 - 18	00:23:53 / 39	00:23:37 / 36	00:24:22 / 39	00:24:50 / 39	01:36:44	12.4	00:22:02
±	40	49	Tomasz	LEWICKI	Łódź	ReebokRunCrew LDZ	M 20 - 3	00:22:57 / 26	00:24:09 / 33	00:24:32 / 36	00:25:09 / 40	01:36:49	12.4	00:22:06
±	41	377	Marcin	PTAK	ŁÓDŹ	brak	M 30 - 19	00:23:40 / 34	00:24:03 / 38	00:24:57 / 41	00:24:10 / 41	01:36:52	12.4	00:22:10
±	42	88	Mateusz	LESZCZYŃSKI	Łódź	EVERUN	M 30 - 20	00:25:00 / 53	00:24:24 / 50	00:24:11 / 46	00:23:16 / 42	01:36:53	12.4	00:22:10
±	43	112	Robert	LACHOWSKI	Łódź	Rossmann	M 30 - 21	00:23:49 / 36	00:23:40 / 35	00:24:07 / 35	00:25:35 / 43	01:37:13	12.3	00:22:30
±	44	317	Łukasz	ŁUKASIK	Łódź	PIETRZYK RUNNING TEAM	M 40 - 18	00:25:12 / 57	00:23:22 / 46	00:24:32 / 43	00:24:52 / 44	01:37:59	12.2	00:23:16
±	45	177	Robert	GŁUCHOWSKI	Rąbień	brak	M 20 - 4	00:24:21 / 44	00:23:51 / 42	00:24:53 / 42	00:25:10 / 45	01:38:16	12.2	00:23:33
±	46	297	Jacek	DZIOMDZIORA	Łódź	Beauty Sport Team	M 30 - 22	00:25:30 / 64	00:24:17 / 56	00:24:16 / 49	00:24:19 / 46	01:38:23	12.2	00:23:41
±	47	346	Adam	BANDEL	Łódź	ReebokRunCrew LDZ	M 30 - 23	00:24:38 / 48	00:24:50 / 51	00:24:50 / 51	00:24:21 / 47	01:38:40	12.2	00:23:58
±	48	270	Dominik	KUBIAK	Łódź	VERA RUNNING	M 30 - 24	00:23:52 / 38	00:24:30 / 43	00:25:15 / 47	00:25:27 / 48	01:39:05	12.1	00:24:23
±	49	28	Paweł	GAJEWSKI	Łódź	Beauty Sport Team	M 50 - 3	00:24:35 / 46	00:24:33 / 48	00:24:53 / 48	00:25:23 / 49	01:39:24	12.1	00:24:42
±	50	50	Mariusz	UBYCH	Łódź	brak	M 30 - 25	00:25:00 / 52	00:24:33 / 52	00:25:06 / 52	00:24:47 / 50	01:39:28	12.1	00:24:45
±	51	275	Jacek	KRÓL	Łódź	BAX-TIME	M 40 - 19	00:25:01 / 54	00:24:33 / 53	00:25:06 / 53	00:24:58 / 51	01:39:40	12	00:24:57
±	52	86	Adam	BIAŁEK	Łódź	brak	M 40 - 20	00:25:09 / 55	00:24:30 / 55	00:25:01 / 54	00:25:17 / 52	01:39:59	12	00:25:17
±	53	22	Piotr	WEDER	Łódź	FOREVER YOUNG ŁÓDŹ	M 40 - 21	00:25:09 / 56	00:25:30 / 58	00:23:26 / 50	00:26:00 / 53	01:40:05	12	00:25:23
±	54	67	Bartosz	NOWAKOWSKI	Łódź	Beauty Sport Team	M 40 - 22	00:25:45 / 67	00:25:31 / 67	00:25:31 / 64	00:24:26 / 54	01:41:15	11.9	00:26:32
±	55	397	Marcin	PILICHOWSKI	KONSTANTYNÓW ŁÓDZKI	RUN KONSTANTYNÓW	M 30 - 26	00:25:25 / 60	00:25:21 / 59	00:25:19 / 57	00:25:14 / 55	01:41:20	11.8	00:26:38
±	56	393	Przemek	KOZŁOWSKI	ŁÓDŹ	brak	M 30 - 27	00:25:41 / 66	00:25:28 / 65	00:25:21 / 62	00:25:03 / 56	01:41:34	11.8	00:26:52
±	57	48	Jarosław	KRUK	Łódź	Beauty Sport Team	M 40 - 23	00:25:38 / 65	00:25:28 / 64	00:25:23 / 61	00:25:42 / 57	01:42:12	11.7	00:27:29
±	58	174	Dariusz	STAWSKI	Łódź	Biegiem Po Piwo	M 60 - 1	00:24:46 / 49	00:25:07 / 57	00:25:47 / 55	00:26:34 / 58	01:42:16	11.7	00:27:33
±	59	33	Gabriel	WASILEWSKI	Łódź	WGD RUN	M 40 - 24	00:25:29 / 63	00:25:28 / 63	00:25:35 / 63	00:25:49 / 59	01:42:21	11.7	00:27:39
±	60	390	Radek	PIOTROWSKI	ŁÓDŹ	Biegacz Nowosolna	M 30 - 28	00:25:27 / 62	00:25:25 / 62	00:25:28 / 59	00:26:08 / 60	01:42:29	11.7	00:27:46
±	61	398	Michał	OLEJNICZAK	ŁÓDŹ	brak	M 30 - 29	00:25:26 / 61	00:26:13 / 70	00:25:30 / 65	00:25:42 / 61	01:42:52	11.7	00:28:10

Msc	Nr	Imię	Nazwisko	Miejscowość	Klub/Drużyna	Kategoria	Okr. 1	Okr. 2	Okr. 3	Okr. 4	Czas sum.	Vśr	Różnica
±	62	170	Dominik	STAŃCZYK	Łódź	EVERUN	M 30 - 30	00:25:21 / 58	00:25:28 / 60	00:25:26 / 58	00:26:36 / 62	01:42:52	11.7 00:28:10
±	63	19	Tomasz	BEDNARSKI	Łódź	Beauty Sport Team	M 40 - 25	00:25:22 / 59	00:25:28 / 61	00:25:34 / 60	00:26:27 / 63	01:42:53	11.7 00:28:10
±	64	95	Przemysław	ZGANIACZ	Łódź	GFT Running Team	M 40 - 26	00:25:49 / 69	00:25:26 / 66	00:26:04 / 66	00:25:44 / 64	01:43:03	11.6 00:28:21
±	65	61	Michał	WALASIK	Łódź	brak	M 40 - 27	00:26:15 / 74	00:25:23 / 69	00:25:56 / 68	00:25:34 / 65	01:43:10	11.6 00:28:27
±	66	65	Marcin	KWINTKIEWICZ	Łódź	ReebokRunCrew LDZ	M 40 - 28	00:26:16 / 75	00:25:27 / 71	00:25:54 / 69	00:26:05 / 66	01:43:43	11.6 00:29:00
±	67	261	Łukasz	BORKOWSKI	Starowa Góra	CyBorki	M 40 - 29	00:24:55 / 51	00:24:43 / 54	00:26:08 / 56	00:28:19 / 67	01:44:06	11.5 00:29:24
±	68	228	Marek	CZERNECKI	Łuków	brak	M 60 - 2	00:25:46 / 68	00:25:33 / 68	00:26:04 / 67	00:26:57 / 68	01:44:21	11.5 00:29:39
±	69	331	Michał	KRZEMIŃSKI	Kolonia Brużycy	brak	M 40 - 30	00:27:15 / 89	00:26:30 / 85	00:25:22 / 75	00:25:24 / 69	01:44:32	11.5 00:29:49
±	70	79	Mariusz	JURA	Łódź	brak	M 30 - 31	00:26:21 / 76	00:26:11 / 75	00:26:11 / 72	00:26:00 / 70	01:44:44	11.5 00:30:02
±	71	99	Robert	KOSIELSKI	Łódź	brak	M 30 - 32	00:26:41 / 79	00:25:51 / 76	00:26:11 / 73	00:25:59 / 71	01:44:44	11.5 00:30:02
±	72	153	Łukasz	SIEWIERA	Łódź	Gentlemen's Rugby Club Łódź	M 30 - 33	00:26:40 / 78	00:26:06 / 78	00:26:07 / 74	00:25:52 / 72	01:44:47	11.5 00:30:04
±	73	17	Mariusz	JANICKI	Łódź	VERA RUNNING	M 30 - 34	00:26:57 / 84	00:25:37 / 77	00:25:14 / 71	00:27:04 / 73	01:44:54	11.4 00:30:12
±	74	223	Stanisław	KORCZYŃSKI	Stary Redzeń	RYSIOTEAM	M 60 - 3	00:25:51 / 71	00:26:05 / 72	00:25:42 / 70	00:28:08 / 74	01:45:48	11.3 00:31:05
±	75	380	Piotr	KLATKA	ŁÓDŹ	Beauty Sport Team	M 40 - 31	00:27:00 / 85	00:26:28 / 82	00:26:19 / 78	00:26:02 / 75	01:45:50	11.3 00:31:08
±	76	264	Piotr	WŁODARCZYK	Łódź	PIETRZYK RUNNING TEAM	M 40 - 32	00:26:57 / 83	00:26:21 / 81	00:26:41 / 79	00:26:07 / 76	01:46:08	11.3 00:31:25
±	77	116	Łukasz	PIECZARA	Łódź	TME Runners	M 40 - 33	00:26:56 / 82	00:26:06 / 80	00:26:28 / 76	00:26:40 / 77	01:46:11	11.3 00:31:29
±	78	394	Krzysztof	KOTYNIA	BRZEZINY	PIETRZYK RUNNING TEAM	M 50 - 4	00:26:00 / 72	00:26:26 / 74	00:27:05 / 77	00:26:54 / 78	01:46:27	11.3 00:31:45
±	79	63	Tomasz	WILGOCKI	Łódź	brak	M 50 - 5	00:26:21 / 77	00:26:40 / 79	00:27:06 / 80	00:26:36 / 79	01:46:45	11.2 00:32:02
±	80	243	Marcin	GÓRECKI	Łódź	WiR	M 40 - 34	00:26:51 / 80	00:27:01 / 87	00:26:32 / 82	00:26:34 / 80	01:47:00	11.2 00:32:17
±	81	96	Arkadiusz	URBANOWICZ	Łódź	brak	M 40 - 35	00:27:17 / 90	00:26:26 / 84	00:26:43 / 83	00:26:34 / 81	01:47:01	11.2 00:32:19
±	82	286	Daniel	LESZCZEWICZ	Łódź	Beauty Sport Team	M 30 - 35	00:27:00 / 86	00:26:51 / 86	00:26:39 / 84	00:27:14 / 82	01:47:45	11.1 00:33:02
±	83	293	Rafał	SUT	Stróża	brak	M 40 - 36	00:27:41 / 98	00:26:48 / 91	00:26:45 / 87	00:26:39 / 83	01:47:55	11.1 00:33:12
±	84	145	Gerard	KMIEĆ	Łódź	GFT Running Team	M 30 - 36	00:27:10 / 88	00:26:56 / 89	00:26:56 / 86	00:26:58 / 84	01:48:01	11.1 00:33:19
±	85	348	Dominik	SZYMCZAK	Łódź	Razem Trenujemy Sport	M 30 - 37	00:27:26 / 92	00:27:19 / 94	00:26:58 / 88	00:26:27 / 85	01:48:12	11.1 00:33:29
±	86	100	Jacek	WALKOWIAK	Łódź	brak	M 30 - 38	00:25:49 / 70	00:26:36 / 73	00:27:49 / 81	00:28:40 / 86	01:48:56	11 00:34:13
±	87	42	Tomasz	LESZKO	Łódź	Akademibiegacza.pl S.L. SALOS Wodna-Łódź	M 40 - 37	00:28:35 / 108	00:27:22 / 103	00:26:26 / 92	00:26:35 / 87	01:48:59	11 00:34:17
±	88	328	Radek	GARNYS	Łódź	VERA RUNNING	M 40 - 38	00:27:28 / 93	00:26:10 / 83	00:27:06 / 85	00:29:09 / 88	01:49:54	10.9 00:35:11
±	89	123	Paweł	SZYMALA	Łódź	brak	M 40 - 39	00:27:53 / 101	00:27:01 / 97	00:27:26 / 91	00:27:48 / 89	01:50:11	10.9 00:35:28
±	90	272	Maciej	WOLNY	Łódź	brak	M 40 - 40	00:26:51 / 81	00:27:18 / 90	00:27:59 / 89	00:28:03 / 90	01:50:13	10.9 00:35:30
±	91	274	Marek	ZIÓLKOWSKI	Łódź	EVERUN	M 30 - 39	00:27:20 / 91	00:27:17 / 92	00:27:31 / 90	00:28:04 / 91	01:50:15	10.9 00:35:32
±	92	130	Kamil	PIECZYKOLAN	Łódź	brak	M 30 - 40	00:27:28 / 94	00:27:18 / 95	00:28:06 / 93	00:27:51 / 92	01:50:44	10.8 00:36:01
±	93	16	Jacek	PIETRASIAK	Stare Skoszewy	brak	M 50 - 6	00:27:07 / 87	00:27:37 / 93	00:28:54 / 95	00:27:59 / 93	01:51:39	10.7 00:36:57
±	94	324	Marek	NARAZIŃSKI	Łódź	brak	M 40 - 41	00:28:02 / 103	00:28:12 / 104	00:28:13 / 100	00:28:19 / 94	01:52:47	10.6 00:38:05
±	95	256	Tomasz	WŁODARCZYK	Pabianice	brak	M 30 - 41	00:28:59 / 112	00:28:16 / 107	00:28:06 / 102	00:27:26 / 95	01:52:48	10.6 00:38:05
±	96	31	Piotr	KOLASA	Łódź	brak	M 30 - 42	00:27:50 / 100	00:27:38 / 100	00:28:15 / 96	00:29:17 / 96	01:53:02	10.6 00:38:19
±	97	266	Adam	CIECHAŃSKI	Bukowiec	PIETRZYK RUNNING TEAM	M 50 - 7	00:27:30 / 95	00:27:23 / 96	00:28:06 / 94	00:30:31 / 97	01:53:32	10.6 00:38:49

Msc	Nr	Imię	Nazwisko	Miejscowość	Klub/Drużyna	Kategoria	Okr. 1	Okr. 2	Okr. 3	Okr. 4	Czas sum.	Vśr	Różnica
±	98	327 Marek	BLIŻNIEWSKI	Głowno	KS GŁOWNO W BIEGU	M 40 - 42	00:29:52 / 120	00:28:40 / 113	00:28:11 / 107	00:27:14 / 98	01:53:58	10.5	00:39:16
±	99	330 Marcin	ZIELIŃSKI	Głowno	KS GŁOWNO W BIEGU	M 30 - 43	00:29:53 / 121	00:28:41 / 114	00:28:11 / 108	00:27:16 / 99	01:54:02	10.5	00:39:19
±	100	24 Arkadiusz	KOCIK	LODZ	brak	M 50 - 8	00:27:41 / 97	00:28:15 / 102	00:28:46 / 101	00:29:19 / 100	01:54:04	10.5	00:39:21
±	101	148 Piotr	MAKSYMOWICZ	Łódź	brak	M 50 - 9	00:27:45 / 99	00:27:28 / 98	00:28:55 / 98	00:30:06 / 101	01:54:16	10.5	00:39:33
±	102	20 Rafał	MIZERSKI	Łódź	brak	M 50 - 10	00:28:56 / 111	00:28:33 / 108	00:28:27 / 105	00:28:20 / 102	01:54:18	10.5	00:39:35
±	103	126 Adam	BRUDEL	Zgierz	brak	M 40 - 43	00:28:22 / 106	00:27:17 / 101	00:28:16 / 97	00:30:57 / 103	01:54:54	10.4	00:40:11
±	104	252 Kamil	KRUK	Łódź	Beauty Sport Team	M 20 - 5	00:29:20 / 115	00:28:42 / 111	00:28:37 / 106	00:29:07 / 104	01:55:48	10.4	00:41:05
±	105	41 Ryszard	KOZIELSKI VEL KOZIAK	ŁÓDŹ	ETERNE JUNA	M 60 - 4	00:28:45 / 110	00:28:53 / 109	00:29:39 / 109	00:29:54 / 105	01:57:13	10.2	00:42:30
±	106	320 Łukasz	MAJCZRZAK	Swędów	Radek Kłęczek Team	M 20 - 6	00:26:12 / 73	00:27:47 / 88	00:30:15 / 99	00:33:18 / 106	01:57:33	10.2	00:42:50
±	107	248 Jacek	GROCHOWSKI	Łódź	SOSW NR 1	M 40 - 44	00:27:41 / 96	00:27:41 / 99	00:30:10 / 103	00:32:19 / 107	01:57:53	10.2	00:43:10
±	108	9 Przemysław	SZOSTAK	Łódź	EVERRUN	M 30 - 44	00:30:16 / 126	00:29:41 / 121	00:29:34 / 116	00:28:34 / 108	01:58:07	10.2	00:43:24
±	109	141 Wojciech	STĘPNIAK	Zgierz	brak	M 40 - 45	00:29:42 / 116	00:29:15 / 117	00:30:01 / 113	00:29:13 / 109	01:58:12	10.2	00:43:29
±	110	68 Konrad	KABAŁA	Łódź	Beauty Sport Team	M 50 - 11	00:28:27 / 107	00:28:24 / 106	00:28:53 / 104	00:33:01 / 110	01:58:47	10.1	00:44:04
±	111	263 Jacek	KRYDA	JANÓWKA	Łódź Kocha Sport	M 50 - 12	00:29:42 / 117	00:29:10 / 116	00:30:05 / 112	00:29:58 / 111	01:58:57	10.1	00:44:14
±	112	284 Michał	SOKÓŁ	Głowno	brak	M 30 - 45	00:29:59 / 123	00:29:14 / 120	00:29:55 / 114	00:30:18 / 112	01:59:28	10	00:44:45
±	113	334 Łukasz	WÓJCIK	Pabianice	Olej Running Team	M 30 - 46	00:31:06 / 132	00:30:20 / 129	00:28:53 / 118	00:29:26 / 113	01:59:47	10	00:45:05
±	114	101 Jacek	DAUENHAUER	Łódź	brak	M 50 - 13	00:28:43 / 109	00:29:15 / 110	00:30:01 / 111	00:31:55 / 114	01:59:55	10	00:45:12
±	115	343 Józef	SUSKI	Łódź	AGB Torfy	M 40 - 46	00:28:04 / 104	00:28:20 / 105	00:31:17 / 110	00:32:16 / 115	01:59:59	10	00:45:16
±	116	202 Maciej	KOKOTEK	łódź	KITA TEAM	M 40 - 47	00:30:15 / 125	00:30:47 / 126	00:30:38 / 121	00:30:17 / 116	02:01:58	9.8	00:47:16
±	117	32 Krzysztof	FILIPKOWSKI	Łódź	brak	M 30 - 47	00:31:53 / 134	00:31:22 / 134	00:29:26 / 124	00:31:02 / 117	02:03:44	9.7	00:49:01
±	118	269 Tomasz	CIUPIŃSKI	Łódź	brak	M 50 - 14	00:29:43 / 118	00:29:06 / 115	00:31:05 / 117	00:34:00 / 118	02:03:56	9.7	00:49:13
±	119	333 Andrzej	PIASKOWSKI	ŁÓDŹ	brak	M 40 - 48	00:30:17 / 127	00:28:53 / 119	00:30:03 / 115	00:34:46 / 119	02:04:00	9.7	00:49:17
±	120	56 Kamil	WIĘCKOWSKI	Łódź	brak	M 30 - 48	00:31:06 / 131	00:30:38 / 131	00:31:05 / 126	00:31:54 / 120	02:04:45	9.6	00:50:02
±	121	44 Jakub	WOSIK	Łódź	brak	M 30 - 49	00:30:57 / 129	00:30:10 / 127	00:31:13 / 123	00:32:27 / 121	02:04:48	9.6	00:50:05
±	122	127 Jacek	OWCZAREK	Piątkowisko	brak	M 40 - 49	00:29:55 / 122	00:30:59 / 124	00:31:15 / 122	00:32:45 / 122	02:04:55	9.6	00:50:12
±	123	287 Wojciech	FRĄK	Łódź	brak	M 30 - 50	00:27:53 / 102	00:30:11 / 112	00:32:41 / 119	00:34:14 / 123	02:05:01	9.6	00:50:18
±	124	119 Jakub	URBANOWICZ	Łódź	Klub Stonoga	M 40 - 50	00:31:36 / 133	00:30:15 / 132	00:31:21 / 128	00:32:29 / 124	02:05:42	9.5	00:50:59
±	125	276 Janusz	REDZYŃIA	Łódź	RYSIOTEAM	M 60 - 5	00:29:04 / 113	00:29:54 / 118	00:32:29 / 120	00:34:39 / 125	02:06:07	9.5	00:51:25
±	126	118 Andrzej	SPRUCH	Łódź	brak	M 60 - 6	00:29:43 / 119	00:30:28 / 122	00:32:37 / 125	00:33:24 / 126	02:06:14	9.5	00:51:31
±	127	23 Krzysztof	ŁASKI	Łódź	Biegiem Po Piwo	M 50 - 15	00:28:14 / 105	00:32:00 / 123	00:32:36 / 127	00:34:08 / 127	02:06:59	9.4	00:52:16
±	128	13 Bogumił	BARANOWSKI	Łódź	brak	M 50 - 16	00:30:06 / 124	00:31:08 / 128	00:32:46 / 129	00:33:17 / 128	02:07:18	9.4	00:52:35
±	129	375 Szymon	DRAB	ŁÓDŹ	Szakale	M 30 - 51	00:32:02 / 135	00:32:03 / 135	00:33:21 / 132	00:31:26 / 129	02:08:54	9.3	00:54:11
±	130	78 Dariusz	OSTRUSZKA	Zgerz	brak	M 50 - 17	00:31:06 / 130	00:31:16 / 133	00:33:07 / 130	00:37:14 / 130	02:12:44	9	00:58:01
±	131	120 Tomasz	NIEWITECKI	Łódź	Klub Stonoga	M 40 - 51	00:32:24 / 137	00:33:26 / 137	00:34:17 / 135	00:36:03 / 131	02:16:11	8.8	01:01:29
±	132	62 Jacek	CIEŚLIK	Łódź	ReebokRunCrew LDZ	M 40 - 52	00:30:42 / 128	00:31:00 / 130	00:36:35 / 133	00:40:12 / 132	02:18:31	8.7	01:03:48
±	133	85 Robert	PODLASIAK	Łódź	RYSIOTEAM	M 40 - 53	00:29:07 / 114	00:31:53 / 125	00:39:00 / 134	00:38:35 / 133	02:18:37	8.7	01:03:54

Msc Nr	Imię	Nazwisko	Miejscowość	Klub/Drużyna	Kategoria	Okr. 1	Okr. 2	Okr. 3	Okr. 4	Czas sum.	Vśr	Różnica	
[±] 134	10	Robert	LAUDAN	Łódź	brak	M 40 - 54	00:34:07 / 138	00:34:42 / 138	00:36:36 / 136	00:34:05 / 134	02:19:31	8.6	01:04:48
[±] 135	400	Kamil	LIGENZA	ZGIERZ	brak	M 20 - 7	00:22:16 / 19	00:22:22 / 21	00:23:37 / 23		01:08:16	13.2	-1 okr.
[±] 136	132	Wojtek	FISZER	Łódź	BK Jánošík Terchová	M 50 - 18	00:32:03 / 136	00:32:03 / 136	00:33:21 / 131		01:37:27	9.2	-1 okr.
[±] 137	82	Robert	ŻURANSKI	Stryków	Gentlemen's Rugby Club Łódź	M 30 - 52	00:23:58 / 40	00:23:49 / 39			00:47:47	12.6	-2 okr.
[±] 138	110	Konrad	WLAZEŁ	Łódź	brak	M 40 - 55	00:24:35 / 47	00:24:48 / 49			00:49:23	12.1	-2 okr.

Ukończyło:	138	Przygotowanie i pomiar czasu ProTimer (www.ProTimer.pl), wydrukowano 2019-11-12
Wystartowało:	138	
Zapisało się:	288	